

2nd Practitioner Applied Health Psychology Conference - #ahpc2018

29th March 2018 – BPS London Office

Conference Programme & Theme: Challenges of Applying Health Psychology into Health Services and Care

Welcome to the 2nd Practitioner Applied Health Psychology Conference! In 2014 the UK Practitioner Applied Health Psychology group on LinkedIn was set up and from this platform and the network of colleagues we had been collaborating with over the years, we held two successful Applied Health Psychology Networking and Careers Events in 2014/2015. These events brought together our developing and emerging Practitioner Health Psychology field, where Health Psychologists and Trainees discussed common challenges of applied practice and participated in workshops to develop in the field. The 1st Practitioner Conference was held in 2017 and showcased the varied roles of Health Psychologists working in applied practice their competencies, skills and challenges. The Conference provides a unique opportunity to present non-research related Health Psychology practice, such as service audits and developments, personal reflections on practice and how the evidence base of health psychology is implemented into direct therapeutic services for the public within a variety of contexts.

KEYNOTE SPEAKER: DR ANDREW LUCAS: BSc, PhD, PgCert REBT, CPsychol.

We are delighted to welcome Dr Andrew Lucas, Lead Consultant Health Psychologist and Head of Clinical Health Psychology at the Royal National Orthopaedic Hospital NHS Trust as our Keynote Speaker. Andrew has developed a leading UK Health Psychology focused specialist residential pain management service and leads the Trust's Pain Psychology Service innovation. He delivers both individual treatment and group Cognitive Behavioural Therapy based interventions. He manages a large department of Applied Psychologists ensuring high quality clinical service delivery and operational effectiveness. He has been the Chair of the Pain Management Programme Special Interest Group of the British Pain Society and organised the National Pain Management Programme Conference.



We warmly welcome you to the **2nd Practitioner Applied Health Psychology Conference 2018**. We look forward to another superb Conference demonstrating the progression and development of UK Practitioner Applied Health Psychology. We are inspired to see the Conference grow significantly in quality and submissions and to host such a creative and innovative Programme for you to participate in.
Warm wishes, Sasha & Claire (SCCH)



#AHPC2018 PROGRAMME: 29TH MARCH BPS LONDON OFFICES – 9.30AM - 5PM

Time			
9.00am-9.30am	REGISTRATION & REFRESHMENTS		
	Session	Presentation Title	Authors/Presenter
9.30am-9.55am	Conference Opening Address	CONFERENCE OPENING ADDRESS: INTRO TO DAY <i>The Unique Challenges of Health Psychology in Practice</i>	Dr Claire Hallas & Sasha Cain
9.55am-10.00am	Session 1: Chair	Introduction to Session 1	
10.00am-10.20am	Session 1: Chair	A Year in the Life of Newly Qualified Health Psychologist	Dr Hope Clayton <i>East & North Hertfordshire NHS Trust</i>
10.25am-10.45am	Session 1: Chair	Overcoming Challenges in Maintaining a Health Psychologist's Professional Standards in the Commercial Sector	Dr Anna Baker <i>Baker-Health Consulting</i>
10.50am-11.10am	Session 1: Chair	Have I Crossed to the "Dark Side"? A Patient Case Review	Dr Jacqueline Bailey <i>Resolve Your Pain</i>
KEYNOTE SPEAKER – DR ANDREW LUCAS, CONSULTANT HEALTH PSYCHOLOGIST			
11.15am-12.00pm	Keynote Speaker Intro: Dr Claire Hallas	"Managing a Clinical Health Psychology Department within a specialist residential chronic pain management service"	Dr Andrew Lucas <i>Royal National Orthopaedic Hospital NHS Trust</i>
12.00pm-1.00pm	LUNCH & NETWORKING TIME - THE BPS LONDON OFFICE		
1.00pm-1.10pm	Session 2: Chair	Introduction to Session 2	
1.10pm-1.30pm	Session 2: Chair	The "Teams Together" Programme: How Health Psychologists Can Help Health Professionals Adopt New Models of Care	Eleanor Bull <i>The University of Manchester</i>

1.35pm-1.55pm	Session 2: Chair	Applying Behavioural Science to Health Partnerships in Low Income Countries: Reflections of a Health Psychology Pilot Project in Uganda and Mozambique	Nisha Sharma & The Change Exchange <i>Solent NHS Trust & The University of Manchester</i>
2.00pm-2.20pm	Session 2: Chair	“Bitesize” Teaching: The Feasibility of Delivering Brief and Accessible Psychological Training to Renal Dialysis Staff in Two Busy London Haemodialysis Centres.	Dr Sarah Afuwape <i>Royal Free London NHS Foundation Trust</i>
2.25pm-2.45pm	Session 2: Chair	The Strengths and Limitations of Health Psychology in a Specialist Weight Management Service	Dr Neesha Patel <i>Blackpool Teaching Hospital NHS Foundation Trust</i>
2.45pm-3.15pm	COMFORT BREAK & NETWORKING TIME		
3.15pm-3.20pm	Session 3: Chair	Introduction to Session 3	
3.20pm-3.40pm	Session 3: Chair	A Health Education Programme in Undergraduate Music Training: Applying Health Psychology	Raluca Matei <i>Royal Northern College of Music</i>
3.45pm-4.05pm	Session 3: Chair	The CFHealthHub Treatment Adherence Programme: Experiences of Implementing Health Psychology in a Hospital Cystic Fibrosis Centre	Sophie Dawson <i>Nottingham University Hospitals NHS Trust</i>
4.10pm-4.30pm	Session 3: Chair	Working as a Health Psychologist in a Hospital Neurorehabilitation Setting	Dr Emily Piotrowska-Smart <i>The Wellington Hospital, London</i>
4.35pm-4.50pm	Session 3: Chair	Reflections on Conference Presentations Audience Questions & #AHPC2018 Review	Sasha Cain & Dr Claire Hallas <i>SCCH Consulting LLP</i>
4.50pm-5.00pm	CONFERENCE CLOSING ADDRESS – SCCH 2019 Conference Announcements		
6.00pm	CONFERENCE DINNER – CITY ROAD LONDON VENUE – TBC		